

ĀMAN

CANAL GRANDE
VENICE
SPA

After exploring the myriad of canals and walkways around the city, take time to relax and refresh your body, mind and spirit with our nurturing treatments.

We provide an intimate, tranquil setting where you can let go and enjoy the moment. The spa is located, almost secretly, on the third level of the Garden Building, with access via a small stairwell leading to a discrete reception area. Dimly lit with low ceilings, the spa offers three single treatment rooms, each with a dressing area and bathroom.

Aman Spa Products

Based on the knowledge and wisdom of ancient philosophies and natural healing traditions, Aman Spa's unique chemical-free product range works holistically to nurture the skin and enhance overall well-being.

Made using the highest quality natural ingredients known for their anti-ageing and balancing qualities, Aman skincare products penetrate deep into the skin to nourish and rejuvenate. Plant essences and extracts have been carefully sourced from around the world for their purity, potency and therapeutic qualities.

Aman Spa products cater to both men and women and represent a lifestyle choice of simple luxury recognising nature's healing touch.

BODY TREATMENTS

Signature Foot Treatment

60 minutes EU 150

After a day of sightseeing and being on your feet as you walk around Venice, this deeply relaxing treatment will leave you feeling lighter and refreshed, and ready for another day of exploration. It begins with a compress to infuse warmth into the feet and legs combined with a gentle stretch before an exfoliation using Himalayan crystal salts that will assist in rebalancing the circulatory system. It is then followed by a foot massage using peppermint and arnica to cool and calm swollen feet. Whilst the feet are wrapped in a hot compress to seal in the benefits, it is completed with your choice of a head or hand massage.

Aman Massage

60/90 minutes EU 150 / 200

Our signature massage rebalances and promotes a sense of deep relaxation. Using a blend of essential oils, this therapeutic treatment combines elements of Swedish massage, reflexology and energy work.

Each of the following rituals will prepare your body through hydration or purification to better receive the benefits of further treatments. Enjoy prior to a body massage or facial.

Body Exfoliation

30 minutes EU 70

An exfoliation using Himalayan Crystal Salts removes dead skin cells and stimulates the circulatory system to assist with lymphatic drainage. The minerals from the salt are absorbed through the skin, balancing the body's PH and soothing the nervous system.

Wrap

30 minutes EU 70

Nourish your skin with a wrap that combines argiletz clay, sage, green tea, sandalwood and lemongrass. Whilst cocooned in the wrap and the healing properties of the products infuse into the skin, you will receive a deeply relaxing massage for the head, neck and shoulders.

FACIAL TREATMENTS

Aman Spa products use a unique blend of plant essences to provide a totally natural way to deeply nourish and repair your skin. These treatments are suitable for both men and women, and incorporate massage for a relaxing and beneficial facial experience.

Aman Facial

60 / 90 minutes EU 150 / 200

This holistic facial includes a soothing massage of the shoulders, neck and face while natural ingredients penetrate deeply to cleanse, nourish and hydrate the skin. This anti-ageing and lifting facial will leave your skin fresh and rejuvenated. The 90 minute treatment includes the option of a head or foot massage.

Acupressure Facial

90 minutes EU 200

Blending ancient techniques with unique plant essences, this extended facial restores vitality and radiance to the skin. Aman Spa's Intensive Skin Repair Serum nourishes deeply whilst Chinese Acupressure massage stimulates the lymph and releases tension points on the scalp and face. This improves circulation and tones the facial muscles.

Finishing Touches

Aman Manicure	60 minutes EU 105
Aman Pedicure	60 minutes EU 105
Nail Polish Change	15 minutes EU 40

SPA REMINDERS

Operating hours

The spa operates from Midday to 8.00pm daily (last booking at 7pm). After-hours spa appointments are subject to availability. Please dial extension 750 to make a reservation. The gym is open from 7am until 9pm daily. Please contact a guest assistant should you want to use the gym outside of these hours.

Appointments

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

Special considerations

Most treatments can be adapted to accommodate allergies, pregnancy or injury. Please contact us with any queries and let us know of any medical or health concerns.

Spa & Fitness environment

Please refrain from smoking and turn your mobile phone off or to a silent setting whilst in, or around, the spa. The minimum age for taking a spa treatment or using the gym is 16 years old. Guests under the age of 18 are required to have parental consent prior to the booking being accepted.

Valuables

We advise you not to bring or wear valuables whilst using our spa facilities. While we endeavor to take care of your belongings, we do not assume liability for any loss of, or damage to, personal articles. The spa shall not be liable for any accident or injury suffered by any guest.

Cancellation policy

We understand that schedules change and we will do our best to accommodate your needs. Since your spa time is reserved especially for you, we kindly ask you to give a minimum of six hours cancellation notice so someone else may enjoy that time. Cancellations made within six hours will be subject to the full charge of the treatment booked.

Aman Spa Products

Cleansers

Eye and Lip Cleanser 50ml / €55

cleans and nourishes the delicate eye area, eyelashes and lips

Clay Cleanser 200ml / €75

maintains the skin's natural protective layers while cleansing deeply

Deep Cleanse Face Exfoliant 50ml / €80

retexturises and gently exfoliates the skin, leaving a radiant glow

Moisturisers

Facial Moisturiser (Dry Skin) 50ml / €110

protects skin from the ageing effects of the environment

Facial Moisturiser 50ml / €110

(Normal to Oily Skin)

protects and balances while lightly hydrating the skin

Body Care

Body Lotion 200ml / €70

softens skin while lifting and energising

After Sun Lotion 200ml / €70

heals and nourishes as a daily moisturiser

Crystal Salts Energy 250g / €70

Crystal Salts Harmony 250g / €70

with 84 nutrient-rich minerals to balance the body and exfoliate the skin

Dosha / Essence

Essence Kapha 30ml / €90

purifies and cleanses

Essence Pitta 30ml / €90

calms and soothes

Essence Vata 30ml / €90

nourishes and strengthens

Toner & Booster

Face Mist 100ml / €75

refreshes and hydrates the skin

Skin Booster 50ml / €110

mineral cocktail for the skin, instantly absorbed

Masks

Intensive Repair Mask 50ml / €90

repairs and heals while reducing the signs of sun damage and ageing

Purifying Mask 50ml / €90

revitalises and balances while refining the pores and skin texture

Hand & Foot Care

Hand Moisturiser 50ml / €60

brightens, tones and is quickly absorbed by thirsty skin

Foot Lotion 100ml / €65

cools and soothes tired, aching feet and legs

Special Treatments

Skin Repair Serum 30ml / €110

minimises pigmentation spots and improves elasticity

Eye & Lip Cream 15ml / €80

minimises the appearance of fine lines while boosting collagen formation

Aman Spritzer 30ml / €10

refreshes while replenishing moisture